

EYFS Parent and Carers Useful Websites

Bookstart:

Sharing books, stories and rhymes with your child from an early age can help create a lifelong reader. Bookstart is a useful website with links to a range of reading support and activities.

<https://www.booktrust.org.uk/what-we-do/programmes-and-campaigns/bookstart/families/>

Startwell Stockport:

<https://www.startwellstockport.co.uk/latest-news-and-events/>

<https://www.startwellstockport.co.uk/videos/>

Startwell Stockport is a resource offering support for parents and carers about a child's school readiness journey from pre-birth to 5 years, offering the most up to date advice and guidance from **Health Visitors**, **Early Years Workers**, **Start Well Co-ordinators**, and **Midwives**, who work together in Start Well teams.

Words for Life:

Words for Life has been designed to provide parents, children and young people with activities and support to improve their language, literacy and communication skills from home.

<https://wordsforlife.org.uk/>

Numberblocks:

Sing along and learn all about numbers with numberblocks.

<https://www.bbc.co.uk/cbeebies/shows/numberblocks>

NRich:

NRich has a variety of activities for you to try at home.

<https://nrich.maths.org/parents/early-years>

National Trust – 50 things to do before you're 11:

A useful website that shares a range of outdoor activities to do all year round.

<https://www.nationaltrust.org.uk/visit/50-things>

Change 4 Life:

Advice on healthy eating and exercise.

<https://www.nhs.uk/healthier-families/>

British Red Cross Learn First Aid for a child who is choking:

<https://www.redcross.org.uk/first-aid/learn-first-aid-for-babies-and-children/choking-child>

The Supervised Toothbrushing Toolkit:

Healthy tips to promote toothbrushing at home.

<https://www.supervisedtoothbrushing.com/information-for-parents>