# Alexandra Park News

Friday 10th January 2025

Dear parents and carers,

It has been wonderful to welcome all the children back for the start of 2025. The snow has certainly presented its challenges, but we're pleased to have remained open and to see so many children in school. I'd like to extend a special thanks to our site team for their fantastic work in keeping our school safe. I hope you and your children enjoy the snow this weekend—stay safe!

#### **Assembly Focus**

For the start of this year, we focused our assembly on being the best version of ourselves. We looked at Victor Wembanyama, who is doing amazing things in the NBA this season. What we learned was that he, too, always strives to be the best version of himself. While achieving great things as a one-off is a good accomplishment, what truly makes a difference is when maintaining a high standard becomes our norm—and then we strive to constantly improve.

Throughout the school this week, our school learning behaviour of pride has shone in the children.



#### **Reading Newsletter - Autumn**

Please take a look at our latest reading newsletter below to see everything that has been happening across school to help develop a love of reading.

We have lots more great things planned throughout the year and look forward to sharing this with you. Thank you.

https://www.alexandrapark-pri.stockport.sch.uk/assets/Documents/Attachments/Autumn-Reading-Newsletter-2024-2025.pdf



#### **Trampoline workshop**

This week, Year 1 - Year 6 had an exciting opportunity to engage in trampoline fitness. Whilst listening to different songs, we learnt a range of moves and danced on the trampolines. It was so much fun!



#### **EYFS**

We have had a lovely first week back. The children have been exploring their new environments and topics. In Reception, we have been exploring different modes of transport and how things work.



#### Star of the week

Our Stars of the Week this week were chosen in line with our assembly focus. These were the children who, in their teachers' eyes, had strived to be the best they can be—not just as a one-off, but consistently every day. One area the teachers particularly focused on was handwriting, and it was wonderful to see how much pride the children had taken in their English work.



#### Apply for Nursery and Reception School Places

The closing date for applications for <u>reception</u> places for September 2025 is <u>15th January 2025.</u> If you would like to apply for a reception place (regardless of if you have other children at our school) then you <u>must apply</u> through the council here: <a href="https://www.stockport.gov.uk/the-application-process-primary-school">https://www.stockport.gov.uk/the-application-process-primary-school</a>

The closing date for <u>nursery</u> places for September 2025 is <u>31st March 2025</u>. Again, you must apply through the council website.

You can apply here:

https://www.stockport.gov.uk/maintained-nursery-admissions

If you have any questions, please contact the school office, they will be happy to help.

#### **Team Around the School**



Our School Nurse, Rachel Donnelly, will be in school on the morning of Friday 31st January and will be in the Infant Playground at drop off time if anyone would like a quick chat. If you would like to book a longer appointment during that morning, please speak to or email Charlotte Millward at <a href="mailto:charlotte.millward@alexandraparkprimary.uk">charlotte.millward@alexandraparkprimary.uk</a> to arrange.

At Alexandra Park Primary School, we work in partnership with Stockport Family which is the name used for all services working with children and families in Stockport. We work closely with other professionals to provide Early Help to all of our families. Our Team Around the School includes Rachel Donnelly our School Nurse, Jill Candon our Family Help Social Worker and Nicola Pritchard our Inclusion Link Teacher. Our SENCO, Charlotte Millward, works closely with this team to offer support, advice and signposting. If you would like to arrange a confidential drop in session with anyone from the Team Around the School, please contact Charlotte Millward.

Stockport Family also offer virtual sessions for all families to access support in a number of areas including sleep and emotional regulation. Please see the following posters for more information and upcoming course dates:

### Do you struggle when your child has a meltdown?

Would you like to know more about how to help your child stay calm and understand why this happens? Then, why not come along to our virtual session for parents of children up to 10 years old.

### HOW TO SUPPORT YOUR CHILD WITH THEIR EMOTIONAL REGULATION

16th January 2025 6th March 2025 8th May 2025 3rd July 2025 18th September 2025 13th November 2025

#### 9.30 - 11.30 am via Microsoft Teams

You only need to book on one session.

The session will include useful information about understanding brain development, emotions and how to sensitively support your child to soothe them.

HOW TO BOOK: Visit Facebook page: @StartWellStockport or website: www.stockport.gov.uk/startwell





www.stockport.gov.uk/startwellevents





## Do you struggle with your child's disrupted sleep?

Do you have a child aged 2 – 10 years? The Parenting Team would like to invite you to come along to our online session.

#### **VIRTUAL SLEEP SEMINAR**



27th February 2025 3rd April 2025 19th June 2025 9th October 2025 4th December 2025

9.30am - 12 noon via Microsoft Teams



You only need to book on one session.

The session will include useful information about understanding sleep cycles, establishing bedtime routines, and how to support children's sleep patterns. We will provide you with some helpful handouts that will support the session.

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Visit Facebook page: @StartWellStockport or website: www.stockport.gov.uk/startwell or email the admin team - admin.startwell@stockport.gov.uk

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